



Enterogermina 2 billion / 5 ml, oral suspension

Spores of poly-antibiotic resistant *Bacillus clausii*

1. What is Enterogermina?

Enterogermina is a probiotic suspension consisting of a four strain (SIN, O/C, T, N/R) spore of *Bacillus clausii*, normally present in the intestine, without disease-causing capacity (without pathogenic ability).

Enterogermina® characteristics:

- **Multi-Resistant** including heat, gastric acid and commonly prescribed antibiotics
- **Optimal Delivery** with spore format which can transit through gastric barrier
- **Multiply Above Initial Dosage** in the intestine
- **Individual Liquid Vial** can consume anytime and anywhere

Health education notes

Probiotics are "good" bacteria that help the intestinal bacterial flora to build a real defensive barrier against harmful bacteria.

2. What you need to know before you take Enterogermina?

Do not take Enterogermina

- if you are allergic to spores of polyantibiotic-resistant *Bacillus clausii*.

Warnings and precautions

Talk to your doctor before taking Enterogermina:

- if your doctor informed you that your immune system may be weakened (reduced body natural defenses) (see section 4).
- before giving Enterogermina to a pre-term infant.

This product is **for oral use only. DO NOT INJECT** or administer through other routes. Improper use of the product has resulted in severe anaphylactic reactions such as anaphylactic shock.



During treatment with antibiotics, ingest Enterogermina between one administration and the other of the antibiotic.

If you notice the possible presence of corpuscles, or of tiny particles in the Enterogermina vials, that does not mean that the product has been impaired, as these are simply clusters of *Bacillus clausii* spores.

Other medicines and Enterogermina

No disorders (interactions) are envisaged concerning the association between Enterogermina and other medicines.

Pregnancy and breast-feeding

If you are pregnant, may be pregnant, are planning to become pregnant, or are breast-feeding, talk to your doctor or pharmacist before taking this product.

During pregnancy and breastfeeding, take this product only when absolutely necessary and under the supervision of your doctor.

3. How to take Enterogermina

The recommended doses are:

Infants (>1 month) & Children: 1-2 vials per day
Adults: 2-3 vials per day

Administer at regular intervals of 3-4 hours

Take the content as such or dilute with drinks (e.g. water, milk, tea, juice)

Shake before use. To open the vial, unscrew the top part and remove it.



Once open, take the product within a short period of time in order to avoid the alteration of product.

Warning: do not exceed the indicated doses without your doctor's advice. Consult your doctor if the symptom occurs repeatedly or if you have noticed a recent change of any kind in its characteristics.

4. Possible side effects

Contact your doctor immediately if you notice any of the following serious side effects:

Limited and mostly temporary swelling (hours or days) of the skin or mucous membranes, accompanied or not by itching (angioedema). When localized to the face, lips and throat it can make swallowing and breathing difficult.



Other side effects include:

Unknown frequencies side effects (may affect less than 1 in 10,000 people):

- allergic reactions (hypersensitivity), including skin rash and urticaria;
- In case of reduced body's defence mechanisms or serious illness and you are taking Enterogermina, *Bacillus clausii* may be found in your blood and may lead to a serious blood infection (see section 2).

5. How to store Enterogermina

Keep this product out of the sight and reach of children.

Do not use after the expiry date which is stated on the package after "Best Before.". Expiry date applies to the product when it is in an intact, properly stored package.

Store below 30°C.